### **Springfield City Resources**



#### **Springfield Rescue Mission**

10 Mill Street Springfield MA 01108 tel (413) 732-0808 Hours of Operation

9:00AM - 5:00PM, Monday - Friday

The Give Away Center distributes gently used clothing, coats, shoes, and other items to men, women and children FREE OF CHARGE.

Items are available to men, women and children FREE OF CHARGE.

Items available: Gently used clothing, coats, shoes, household items (sheets, dishes, small appliances). We also have new toiletries, underwear, socks, t-shirts available if in stock.

#### **Dress for Success**

140 Wilbraham Ave Springfield MA 413-732-8179

Dress for Success is an international not-for-profit organization that empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

#### **Big Brothers Big Sisters of Hampden County**

HartSprings Foundation - 101 State St., Ste 204 Springfield, MA, 01103 Call (413) 732-7111 or (888) 413-2227

A program known as the HartSprings fund provides assistance to the needy. The organization supports people in Hartford Connecticut, and the Springfield area. Based on donations, the program provides free general clothing, household goods, and maybe even small appliances to the low income.

#### **Open Pantry Community Services, Inc - People's Center**

287 State Street, Springfield, MA, 01105 Tel: (413) 737-5354

The center provides free, gently used clothing and other household goods to those in need of assistance. Items passed out can include winter coats, backpacks for students, and professional work attire such as suits or dresses.

#### Gray House, Inc

22 Sheldon St Springfield MA 413-734-6696

The Gray House is a private non-profit social service agency in the North End of Springfield, Massachusetts. The mission of The Gray House is "to help its neighbors facing hardships to meet their immediate and transitional needs by providing food, clothing, and educational services in a safe, positive environment.



#### CHD

332 Birnie Ave., Springfield, MA 01107 Phone: (413) 733 – 6624 Fax: (413) 439 – 2109 http://chd.org

CHD can help. Our mental health and addiction clinics offer neighborhood-based, compassionate counseling and treatment services to address a range of issues including:

- Anxiety
- Depression
- Post-Traumatic Stress
- Parenting challenges

• Alcohol or drug addiction (CHD offers counseling only; CHD does not do Suboxone or Methadone clinics or treatment protocols, but we do use medications to treat alcohol and drug misuse/addiction (Naltrexone, Campral, Antabuse, etc), and we offer Narcan trainings at some sites)

- Physical, emotional or sexual abuse
- LGBT (Gay, Lesbian, Bisexual, Transgender) issues
- Senior concerns
- Parents and Children in Divorce Seminars for Parents

#### Springfield Partners for Community Action

721 State Street, Second FloorSpringfield, MA 01109 (413) 263-6500

We offer confidential, one-on-one counseling to Springfield residents seeking to establish, improve or repair their credit. We also facilitate workshops on budgeting and financial literacy.

Workshops are FREE and open to all Springfield residents of moderate or low incomes. Spanish-language work-

shops are also available. Workshops are sponsored by Springfield Partners for Community Action and Springfield Neighborhood Housing Services

Our Eviction Clinic offers counseling and education to Springfield residents at risk of being evicted from their homes. Our counselor serves as a mediator between the tenant and the landlord. The program offers one-on-one assistance to residents preparing for Hampden County Housing Court hearings. The goal is to ensure that tenants know, understand and exercise their rights.

Clinics are held on Wednesdays from 5:30 to 6:30 pm at 721 State Street, Second Floor.



#### City of Springfield, Massachusetts

769 Worthington St. Springfield, MA - 1105 (413) 731-9575

A nurse provides health care six mornings and two evenings a week for homeless people at 769 Worthington Street. Dental services for the homeless are also available two days a week at this location

#### **Caring Health Center - Forest Park**

532 Sumner Ave, Springfield, MA 01108 (413) 739-1100

Services are always Free and Confidential

**Patient Services** 

Dental/Oral Health Care

**Health Education** 

Health Screenings

Specialty Medical Clinics

**Preventive Health** 

Laboratory Services

**HIV Programs** 

WIC

**Behavioral Health** 

#### Health Services for the Homeless Dental Center

769 Worthington St Springfield MA 01105 413-731-9575

Health Care for the Homeless operates a clinic on-site at Friends of the Homeless. Healthcare is available Monday through Saturday on a walk-in basis. For clinic hours and to reach the clinic at FOH call 413-734-7140.



#### YWCA of Western Massachusetts

1 Clough Street Springfield, MA 01118 Tel: (413) 732.3121

YWCA provides safe places for women and children in crisis. It offers women counseling, job training, child-care, and health and fitness. The YWCA also offers job training to people ages 16-21 who are out of school.

In pursuit of its mission to empower women and eliminate racism, the YWCA strives to create opportunities for women's growth, power, and leadership to obtain peace, justice, freedom, and dignity for all people.

#### Bruce J. Patryn

Call (413) 746 6834

Free Consultation Call (413) 746 6834 for a free consultation regarding your legal situation.

#### Jewish Family Service of Western Massachusetts

1160 Dickinson Street Springfield, MA 01108 Tel: 413.455.1936

Founded in 1898, Jewish Family Service of Western Massachusetts works with individuals and families of all races and religions and is a 501(c)3 non profit organization.

#### Behavioral Health Network, Inc. (BHN)

417 Liberty Street Springfield, MA 01104 (413) 747-0705

**Individual Services** 

BHN staff offers support for individuals after an upsetting or violent event with a partner, either over the phone or in person. BHN provides assistance with how to plan for your safety, how to exercise your rights and how to work with the police or court systems.

**Group Services** 

BHN holds Healing Alliance Support Groups for women who are questioning the health of their relationships.

If you would like to speak with someone about our services, please call: (413) 579-2924.

# Springfield Employment/Training Assistance

#### FutureWorks Career Center,

One Federal St., Building 103-3 Springfield, MA 01105413-858-2800

Monday, Tuesday and Friday, 8:30 am - 4:30 pm

Wednesday, 8:30 am - 5:30 pm

Thursday. 8:30 am - 3:00 pm.

We have so many great resources at FutureWorks, and they're all here for you! Come in for a short welcome meeting where you'll immediately become a member, at no cost. You need to be a FutureWorks member to use our services.

Please arrive ten minutes before the meeting time, no pre-registration required!

#### Sheet Metal Workers Local Union #63

32 Stevens Street Springfield, MA 01104-3119 Main Phone: 413-733-8332

Hours of Operation: Monday–Friday 8:00 a.m.–4:30 p.m.

We provide an extensive offering of training programs available to Journeymen to update and enhance their skill sets. All training of journeymen and apprentice members of Local 63 is provided free of charge. Sheet metal apprenticeship training provides a chance to earn money while learning, as well as job security, greater earning potential, opportunities for advancement, and greater job satisfaction.

#### Springfield Partners for Community Action's

721 State Street, Second Floor Springfield, MA 01109 (413) 263-6500

Springfield Partners for Community Action's mission is to utilize and provide resources that assist people in need,

to obtain economic stability, ultimately creating a better way of life.

We seek to empower low-income families of our community by offering more financial services and education programs to help them achieve economic stability and get them back on their feet.

## Springfield Financial Assistance

#### **DTA - Department of Transitional Assistance Springfield**

310 State Street Springfield, MA - 01105 (413) 858 - 1300

Financial Help Provided: Temporary Assistance, Food Stamps, Medical Assistance, etc.

Hours: Monday - Friday: 8:00am - 5:00pm. To be eligible for TAFDC, a recipient must:

- Meet certain requirements including:
- Have at least one dependent child under 18 or 19 (including teen parents) OR
- Pregnant women with no children (the child is expected to be born within 120 days of the application)
- Meet income and asset limits
- Be a U.S. citizen or a legal immigrant
- Live in Massachusetts

#### **DTA SSI Office Springfield Liberty**

95 Liberty Street Springfield, MA - (413) 858-1000

Financial Help Provided: DTA,SSI Office, Cash Assistance:

Transitional Aid to Families with Dependent Children (TAFDC) is a state and federally funded program which provides cash assistance to families with children and pregnant women in the last 120 days of pregnancy, with little or no assets or income. It is operated under the federal Temporary Assistance for Needy Families (TANF) block grant and is described in the Commonwealth's TANF State Plan. Participants receive child care and transportation support associated with job assistance and can access a number of supportive referrals to substance abuse and mental health services, and domestic violence specialists. Hours

M-F 5:00am - 9:30pm

Sat 7:00am - 7:00pm

Sun 12:00pm - 5:00pm

#### YMCA

Kerasotes Facility - 4550 W Iles Ave , Springfield, IL 62711 (217) 679-1625

Hours Mon - Fri 5:00 am - 9:30 pm

Sat 7:00a m - 7:00 pm Sun 7:00a m - 7:00 pm

#### **Catholic Charities**

254 Bridge St. Springfield 452-0613

-emergency utility bill assistance (pays

-\$100 toward back rent and \$75 to past due electric or gas 1 time only:

-fuel assistance beginning 2nd week in January -household may use once/year

#### HAP –Individual Self Sufficiency Initiative Program (ISSI)

322 Main St. Springfield, MA 01105 413-785-1251

-assist homeless single people who are employed or in training with moving expenses and aid with rent

#### Salvation Army

170 Pearl St., Springfield 413-733-1518

-assists with food, clothing, utilities 9-12 FOOD DISTRIBUTION W/ PHOTO id & PROOF OF RESIDENCE



#### **Open Pantry Community Services, Inc.**

287 State Street, P.O. Box 5127, Springfield, MA 01101-5127 Phone (413) 737-5354

Emergency Food Pantry Open Pantry's Emergency Food Pantry (EFP) has been providing non-perishable groceries for people in need since 1975.

#### **Emergency Food Pantry**

2460 Main Street Springfield, MA, Ph: (413) 737-5353, Fax: (413) 737-4440

#### **Our Loaves & Fishes Community Kitchen**

Ph:(413)731-5668, Fax:(413)737-6811

Our Loaves & Fishes Community Kitchen has provided prepared meals to people who are disadvantaged in Greater Springfield on a daily basis since it began in 1980. Lunch and supper are available seven days a week.

#### **Open Pantry Community Service Holiday Meals**

415 State St., Springfield, MA 01105

Open Pantry Community Services operates a Holiday Meals program, which provides a traditional holiday meal for anyone in need of a meal or for those who wish to spend Thanksgiving, Christmas and Easter with others.

The Holiday Meals are served at noon at the High School of Commerce, 415 State St., Springfield, MA 01105.

#### The Gray House

22 Sheldon St. Springfield, MA 01107, Ph 413-734-6696

Office Hours: Monday-Friday 8:30am-4:30pm Food Pantry Hours: Thursdays 9am-1pm

Households are able to visit the pantry ten times in a year. With each visit they receive three to four days worth of food.

Providing food assistance for people living in poverty is crucial because it prevents physical and emotional health problems and helps sustain quality of life.

\*Please note there will be no distribution on Thanksgiving Day. Instead, eligible families can pre-register to receive a turkey and other thanksgiving food.

#### The Parish Cupboard

1023 Main St. West Springfield, MA 01089, Phone: (413) 734-7969

1. An Emergency Food Program – registered households who must prove residency and need may receive groceries once a month. This food support may include bread, produce, canned and boxed items, peanut butter and jelly, mac and cheese – whatever we have, (from donations and purchases) we give. In 2013, 735 households were registered with us. Each month approximately 200 of these families come in for groceries.

2. The Hot Lunch Program – the dining room is open to anyone, five days a week. This is where we see the areas' homeless, street folks who truly depend on the Parish Cupboard for a substantial and nutritious meal. Our daily average has grown to 37 which equals about 768 lunches per month.

#### Salvation Army

170 Pearl St., Springfield, 413-733-1518

The Salvation Army in Springfield maintains an on site food pantry to help meet emergency needs. For more information, please call The Salvation Army at 413-733-1518.

#### **Springfield Rescue Mission**

10 Mill Street, P.O. Box 9045 Springfield, MA, 01102-9045, tel (413) 732-0808

Hours of Operation, 9AM - 5PM, MON-FRI

#### Meals

The Springfield Rescue Mission makes meals available to anyone in need - men, women and children - FREE OF CHARGE. We provide over 96,000 meals annually to individuals and families in need through our various programs.

1. Public Breakfast: Monday - Saturday, 7AM-7:30AM, 10 Mill Street, Springfield. We serve a well-balanced, full breakfast to hungry men, women and children, six days per week. No prerequisites requred. SRM is the only organization in the community serving a Public Breakfast six days per week.

2. Operation SONshine: A mobile food service bringing lunches to the homeless on the streets. Please call our office for dates, times and locations 413-732-0808. We deliver an average of 200 nutritious meals each day of operation.

3. Holiday Meals: Special holiday meals for Easter, Thanskgiving and Christmas. Please call our office for dates and times 413-732-0808. Over 2,300 hungry and homeless individuals are served at a sit-down holiday meal on Easter, Thanksgiving and Christmas in 2016.

4. Food Boxes: Bags of groceries filled with nutritious food items, food staples and other items for daily living are available to anyone in need, upon request and depending on our food inventory. For a food bag, make an appointment to visit our Give Away Center at 413-732-0808.

#### **Catholic Community Services**

1025 G Street Springfield, (541) 345-3628

Wednesday, Friday and Saturday, 9am - 12:45pm

**Crossfire Feeding Ministries** 

942 28th St Springfield (541) 686-5433

Crossfire provides free boxes of food at the Springfield location on Thursdays between 2pm and 7pm.

Church Without Walls

Court Square, Springfield

Type of Services: worship service and lunch Hours of Operation: Sundays at 12:00 Noon - lunch follows the service

## Springfield Food & Grocery Assistance

#### **Roman Catholic Diocese of Springfield**

65 Elliot St., Springfield MA 01105, Tel. 413-732-3175

#### SERVICES:

Services are offered to individuals and families in need of assistance. Each person is given individual attention at the intake process. Evaluation, assistance and case management, are available in the following service areas:

Assistance to qualified households:

- Rental Assistance/Housing Assistance Prevention, Diversion, and Rapid Rehousing
- Utility Assistance/Fuel Assistance
- Case Management
- Financial Literacy Classes
- Housing Counseling
- Assistance and referrals for:

- Food Stamps, Mass Health
- Employment Resources
- Food Pantries
- Housing
- Other Seasonal Assistance
- Assistance for families during holiday seasons and back to school.

#### Rachel's Table

1160 Dickinson Street Springfield, MA 01108 Office: 413-733-0084

The mission of Rachel's Table is to alleviate hunger and to reduce waste of our food resources in Western Massachusetts.

**WIC** 1985 Main Street, Springfield, MA (413) 737-8868

Health/Nutrition education + vouchers for healthy food for kids, pregnant women, and mothers of newborn children, Pregnant woman, mother of newborn, or child under 5; unmet nutritional need; low-income

#### **Greater Springfield Senior Services, Inc.**

66 Industry Avenue, Suite 9, Springfield, MA 01104

Meals Program - Popularly known as "Meals-on-Wheels", this federally funded service is a national program administered locally to deliver well-balanced, lunchtime meals to frail, homebound individuals who are at least 60 years of age.



#### **Emergency Food Pantry**

2460 Main Street, Springfield, MA Ph: (413) 737-5353

Hours: Monday, Tuesday, Wednesday and Friday 9:00am - 3:00pm

#### **The Gray House**

22 Sheldon St. Springfield, MA 01107 Ph 413-734-6696

Office Hours: Monday-Friday 8:30am-4:30pm

Food Pantry Hours: Thursdays 9am-1pm

Households are able to visit the pantry ten times in a year. With each visit they receive three to four days worth of food.Providing food assistance for people living in poverty is crucial because it prevents physical and emotional health problems and helps sustain quality of life.



#### CHD

332 Birnie Avenue Springfield, MA 01107, Main Phone Number: (413) 733 – 6624

CHD is driven by a focus on excellence and a spirit of innovation. As a non-profit organization, our only motivation is helping people create successful lives. All of our relationships are rooted in respect – for our clients, for the communities we are honored to serve, for our colleagues, and for all the lives we touch.

CHD is one of the largest social service organizations in Western Massachusetts, delivering a broad array of critical services with proven effectiveness, integrity and compassion.

#### **Out Now**

32 Hampden Street Springfield, MA 01103 413-736-4610

The only queer youth organization in Springfield Massachusetts, Out Now provides a safe space for queer youth and allies to learn about themselves, develop leadership skills, explore the history of the LGBTQ movement, and much, much more.

#### **Springfield Partners for Community Action**

721 State Street, Second Floor Springfield, MA 01109 (413) 263-6500

Springfield Partners for Community Action's mission is to utilize and provide resources that assist people in need, to obtain economic stability, ultimately creating a better way of life.

#### **Hope Center CSS**

35 Heywood Street, Springfield, MA 413-301-9500

Hope Center CSS in Springfield, MA is a Substance Abuse Treatment Services. Hope Center CSS provides Substance abuse treatment in Short-term residential settings. Persons with co-occurring mental and substance abuse disorders, Persons with HIV or AIDS, Lesbian, gay, bisexual, or transgender (LGBT) clients, Seniors or older adults, Pregnant/postpartum women, Adult women, Adult men, Clients referred from the court/judicial system are supported at Hope Center CSS.



#### **Open Door Social Services**

287 State Street, Middle Floor, Springfield, MA 01105 Ph: (413) 737-7062

Open Pantry's Open Door Social Services program provides case management, housing search assistance, medical, mental health, and substance abuse referrals for homeless people living in area shelters, on the streets, or temporarily doubled up with friends or relatives.

Open Door case managers provide a variety of services in relation to individualized service plans. They assist people in meeting basic needs, accessing entitlement benefits, connecting with vocational rehabilitation and employment programs, understanding letters they receive, filling out forms, sending for birth certificates.

Open Door staff work in conjunction with Open Pantry's other programs and local agencies to provide comprehensive services for clients. Referrals are made so people can obtain shelter, permanent housing, health care, mental health and substance abuse treatment.

#### **Baystate Brightwood Health Center**

380 Plainfield St., Springfield, Massachusetts 01199 Phone number: 413-794-4458 Hours: Call clinic

Important Free Clinic information:

Baystate Brightwood Health Center in Springfield, Massachusetts offers Medical Services to Springfield Area residents.

Medical Services are offered to those who meet the following guidelines:

- Uninsured, underinsured, Low, Call clinic for details
- Languages Spoken at this Free Clinic: call for details

#### **Cancer House of Hope**

1999 Westfield Street, West Springfield, MA 01089 Phone: (413) 733-1858 chhinfo@chd.org

The CHD Cancer House of Hope is committed to providing access to free services and therapies that bring comfort, care, strength, resilience and hope to patients with cancer and their loved ones.

# Springfield HIV/AIDS Assistance

#### **Tapestry Health Systems, Inc**

130 Maple Street, Lower Level, Springfield, MA (413) 363-9472

Hours: Monday–Friday 8am-4pm

We Provide:

- HIV testing
- Education and referrals for PrEP HIV prevention medication
- Referrals for medical and drug related treatment
- Risk reduction counseling around sex and substance abuse
- Sexual health education
- STD testing
- HIV testing for partners
- Hepatitis C testing
- HIV prevention and risk-reduction education for men who have sex with men and LGBTQ people
- Free safer sex and injection supplies
- Referrals for food and housing assistance

#### Who We Serve:

- People currently living with HIV and their partners
- Active injection drug users
- People at high risk of having or seeing an overdose
- Men who have sex with men (MSM)
- MSM at risk of HIV
- LGBTQ people

#### **Baystate Medical Center**

Springfield (Brightwood): 413-794-4458 Springfield (Mason Square): 413-794-8723 Springfield (High Street): 413-794-0811

Serves: MSM, PWID, Immigrants and Refugees

- HIV, STD, and Hepatitis Testing
- STD Treatment
- Hepatitis Vaccinations
- Targeted Prevention Services

English, Spanish, interpreters available for other languages

#### **Caring Health Center**

Springfield: 413-739-1100

Serves: Latino/Latinas Active Substance Users

- HIV, STD, and Hepatitis Testing
- Targeted Prevention Services

English, Spanish

#### **River Valley Counseling Center**

Springfield: 413-737-2437

Provides:

Medical Case Management, Peer Support, Housing Search and Advocacy, Food Services

(Springfield only)

English, Spanish



#### Springfield Community Legal Aid

One Monarch Place Suite 400, Springfield , MA 01144 (413) 781-7814, (800) 639-1109

Community Legal Aid and its wholly owned subsidiary, the Central-West Justice Center, gives free civil (non criminal) legal help to low-income and elderly people in central and western Massachusetts.

Intake Notes:

Apply for legal aid by telephone during these hours:

- Monday, Tuesday, Thursday, Friday 9:30 am to 12:15 pm
- Wednesday, 1:30 pm to 4:15 pm

#### Western Mass Legal Services

One Monarch Place Suite 400 Springfield, MA 0144 Telephone: (413) 781-7814

WMLS provides free legal help in non-criminal cases for low-income people and elders who live in western Massachusetts. The number of people eligible for our help is far greater than our resources. As a result, we have to establish priorities for the kinds of cases we handle. Our current case acceptance priorities are housing, government benefits, family law and domestic violence, employment, disability, health care and problems uniquely affecting elders. The assistance we provide ranges from legal advice to full representation.

Legal Services Provided

- Domestic Violence
- Elder Law
- Employment Law
- Family Law
- Health Care Law
- Public Benefits
- Real Estate Law

#### Hampden County Legal Clinic

50 State Street Springfield, MA 01102 Phone: 413-733-6500

Consumer and housing law

#### Volunteers for Justice / Lawyer for the Day

Western Mass. Housing Court, Springfield session 37 Elm Street Springfield, MA 01103

#### Volunteer lawyers and lay advocates provide free legal help to tenants on a first-come basis

#### Maria Barroso Attorney at Law

20 Maple St 3rd Floor Suite 1L, Springfield, MA 01103 413-314-3775

There's no charge for a consultation to talk about your case, but there are plenty of reasons to call. Trust in our team for exceptional service every time. No matter what you are up against, there's legal guidance available to help you to get through it all. Trust in Maria Barroso Attorney at Law.

- Criminal Law
- Personal Injury
- Workers Comp referrals



#### **Dakin Humane Society**

171 Union Street, Springfield, MA 01105

Dakin Humane Society delivers effective, innovative services that improve the lives of animals in need and the people who care about them.

Dakin Humane Society provides assistance to more than 20,000 animals and their people each year. While we serve many of those individuals through one of our adoption centers or the Community Spay/Neuter Clinic, we help many more through safety net programs designed to keep animals in their homes.

Check out these other ways Dakin can help:

- Lost and Found Pets
- Pet Food Bank
- Safety Plan for Animals (SPAN)
- Pet Loss Support
- Pet-Friendly Housing Tips
- Reporting Cruelty to a Law Enforcement Agency



#### **Springfield Jewish Community Center**

Neal Webber Building 1160 Dickinson Street, Springfield, MA 01108 (413) 739-4715

The Springfield JCC is both a recreational and learning facility serving the Jewish and general communities of the Pioneer Valley. Everyone, including the general public, is welcome at the Springfield JCC.

Located on the Longmeadow/Springfield line, the SJCC is a non-profit organization offering programs for all ages, including preschool, youth and teen programs, adult life programs, senior adult life programs, and is home to the JCC Health & Fitness Center. Everyone, including the general public, is welcome at the Springfield JCC.

For more information about programs or tours at the Springfield JCC, call 413-739-4715

#### **Gandara Addiction Recovery Program**

33 Arch Street, Springfield, MA - 01107 (413) 781-2234

Gandara Center provides residential, mental health, substance abuse and preventive services for children, adults and families across the Pioneer Valley and eastern parts of Massachusetts. Founded in the Hispanic community, we value cultural diversity and strive to provide culturally competent, innovative services to a diverse community.

#### **Behavioral Health Network Inc My Sisters House**

89 Belmont Avenue, Springfield, MA - 01108 (413) 733-7891

Behavioral Health Network, Inc helping individuals, families, and communities improve the quality of lives for those with behavioral health and developmental challenges. Behavioral Health Network, Inc. (BHN) is a growing non-profit community behavioral health service agency that has been providing services to children, adult, families, and communities in Western Mass since 1938. BHN provides comprehensive, outcome-driven behavioral healthcare. We are dedicated to offering high quality, affordable and culturally appropriate care to people of all ages and income levels in multiple settings within our communities.

#### The Springfield College Counseling Center

Towne Health Center 231 Wilbraham Avenue, Springfield, MA (413) 748-3345

Hours

Monday-Friday, 8:30 a.m. to 4:30 p.m.

(Holidays excluded)

The Springfield College Counseling Center offers free, professional, and confidential counseling services to under-

graduate and graduate students. Many students utilize the center at some point during their academic careers. A staff of professionals, which includes graduate associates, counsels students who may seek our services for a variety of reasons.

#### CHD

332 Birnie Avenue Springfield, Massachusetts 01107 Main Phone Number: (413) 733 – 6624

CHD is driven by a focus on excellence and a spirit of innovation. As a non-profit organization, our only motivation is helping people create successful lives. All of our relationships are rooted in respect – for our clients, for the communities we are honored to serve, for our colleagues, and for all the lives we touch.

#### **Springfield Rescue Mission**

10 Mill Street, Springfield, MA, 01108 tel (413) 732-0808 ext. 129

Intake Hours 8:30AM - 3PM, MON-THUR

The Men's New Life Rehabilitation Program provides a comprehensive approach to overcoming homelessness. An average of 120 men enroll in the program annually. Available FREE OF CHARGE.

To make an appointment with our Intake Office, please call 413-732-0808 or email jgulsvig@springfieldrescuemission.org.

The Men's New Life Rehabilitation Program is a year-long Biblically based cirriculum. The program works individually with residents to help them resolve a large number of problems so they can return to the community and sustain a productive life. The Springfield Rescue Mission's new facility at 10 Mill Street has a capacity to accomodate 60 men.



Way Finders 322 Main St. Springfield, MA – 01105 (413) 233-1500

The purpose of rental assistance is to help low-income households secure decent rental housing by providing assistance that fills the gap between the family's ability to pay and total housing costs. HAPHousing administers both state and federally funded rental assistance programs.

Hours: M-F, 8:30am to 4:00pm



#### **Friends of the Homeless Shelter**

769 Worthington Street. Springfield, MA 01105 413-732-3069

FOH provides separate men's and women's overnight shelters, serving individuals 18 years of age and older every evening on its Worthington Street campus. No responsible individuals are turned away. FOH is recognized as the shelter of last resort for those individuals needing temporary overnight lodging as FOH facilitates the process to secure permanent housing.

The men's shelter is located at 769 Worthington Street in Springfield. This shelter is for single men 18 years of age or older.

The women's shelter is located at 755 Worthington Street. It provides overnight shelter for single women 18 or older.

Shower and laundry facilities are available for our shelter guests.

Both men's and women's shelters open for the evening at 5:30 p.m. Beds are assigned as they become available. There is usually a waiting list for beds and floor space is limited. All check-ins must be completed by 8 p.m. unless special arrangements have been made (employer's letter, medical emergency,etc.) If you do not check in on time, your bed may be given to the next person on the list. Individuals new to shelter should attempt to have a phone interview in advance of their arrival.

Meals are served Sunday through Saturday in the FOH dining room at 755 Worthington Street.

Breakfast: 8:00 - 9:00 AM Lunch: 12:00-1:00 PM

#### The Springfield Rescue Mission's Men's Emergency Shelter

148 Taylor Street Springfield MA 01105 413-732-0516 or 413-732-0808

The Springfield Rescue Mission's 43-bed Men's Emergency Shelter is located at 148 Taylor Street, Springifeld providing homeless men nutritious meals, safe shelter, counseling and referrals to community resources as needed -FREE OF CHARGE. The Emergency Shelter operates at capacity nearly every night of operation and is serves approximately 500 individual men annually, ages 18 and older.

To reserve a bed call the Rescue Mission at 413-732-0516 or 413-732-0808. Intake begins at 3PM. Showers are mandatory. Dinner is served at 5PM. Lights out at 10PM. No leaving the facility after checking in. Breakfast is served at 7AM and all guests must vacate the facility by 8AM. Guests are provided with nutritious meals, safe shelter and hygiene items as well as clothing, counseling and referrals to community resources as needed.

Hours of Operation 4PM - 8AM, MON-SAT

#### **Open Pantry Community Services**

Tranquility House, 6870 Calhoun Street, Springfield, MA 01107 413 731 5960

Tranquility House is a safe, supportive living facility providing permanent housing to single women who are formally homeless and in recovery from substance abuse. This is a cooperative living facility where each woman has her own bedroom and shares a kitchen, dining room, living room and bathroom.

The ultimate goal of the program is to provide a supportive environment that leads to personal growth. The program is designed to help women maintain sobriety, remain in permanent housing and achieve self-sufficiency. This is accomplished through intensive case management with individual service plans tailored to fit each clients goals. The case manager at Tranquility will also work with the women to connect them with community resources and make referrals as needed.

#### WORTHINGTON HOUSE - EMERGENCY SHELTER FOR WOMEN.

503 Worthington Street, Springfield, MA 01105 (413) 732-3069

Emergency shelter for women.

Serves women, open daily from 4:30 pm - 8:30 am - Walk-in Day Center at 503 Worthington Street: open from 8:30 am to 4:00 pm, offers services for homeless, including case management, substance abuse and mental health counseling

#### **Residential Resource Center**

322 Main St. Springfield, MA 01105 (413) 233-1500

Prospect House Shelter for Families: After serving as a congregate shelter for homeless families for more than 25 years, Prospect House in Springfield is now part of HAPHousing's Rapid Re-Housing Program.

This shelter provides the following service attributes:

- Women are welcome.
- Children are welcome.
- Families are welcome.
- Provides emergency shelters.
- Provides transitional shelters.
- Provides help for domestic violence cases.

#### **Jefferson Street Shelter**

95 Jefferson Avenue, Springfield, MA 01107 (413) 736-2263

This shelter provides the following service attributes:

• Teenage children are welcome.

- Shelter has a food pantry.
- Provides medical assistance.

#### **CENTER FOR HUMAN DEVELOPMENT**

332 Birnie Avenue Springfield, MA - 0110 (413) 733-6624

Shelter Programs

Shelter programs provide critical support and stability for homeless families. CHD operates three kinds of shelters. In congregate shelters each family has its own room, but shares common space, such as the kitchen and living room, with other families. Co-sheltering is a model where CHD leases and staffs an apartment building. Two families share each apartment within that building. In scattered site housing, families are housed in individual apartments throughout the area. This is an outreach model where case workers go into the community to work with each family.

## Springfield Transitional Housing

#### **CENTER FOR HUMAN DEVELOPMENT**

332 Birnie Avenue Springfield, MA - 0110 (413) 733-6624

#### Hotel / Motel Support

With close to 1,900 families living in motels across the state and 400 families sheltered in motels in western Massachusetts; CHD, a subcontractor of HAP Housing, Inc., provides housing search services for families living in area motels.

As with families moving out of shelter into housing; families moving out of motels and into housing; receive the same significant wrap around support to maintain their housing situation.

#### **Re-housing Program**

As families move out from shelter and motels into permanent housing, CHD's re-Housing team provides families with the supports and referrals. CHD caseworkers assist these families with the inevitable "bumps in the road" that occur for any family. Through their support, families are empowered to advocate for themselves and to become increasingly independent and self sufficient. In FY 14, 100% of the families CHD assisted with re-housing did not re-enter the shelter system.

Behavioral Health Network, Inc. is a growing non-profit community behavioral health agency that has been providing services to children and families in Western Mass since 1938. BHN's origin dates back to the establishment of DMH Partnership Clinics: in the 1930's and 1950's, two separate clinics were created to serve children and adults; the Child Guidance Clinic and Hampden District Mental Health Clinic. In later years, these clinics merged with others, into what is now known as Behavioral Health Network, Inc., a comprehensive, community-based behavioral health organization.

#### **Christina's House**

38 Madison Avenue, Springfield, MA 01105 (413) 271-2105

Christina's House was designed to provide transitional housing for women and their children but more importantly to offer and provide emotional, spiritual, physical support, and education as they transition from homelessness to permanent, stable living environments.



#### **New England Farm Workers Council**

11-13 Hampden Street, Springfield, MA. Phone (413) 787-6500

New England Farm Workers' Council (NEFWC) has managed the Low Income Home Energy Assistance Program (LI-HEAP) for the City of Springfield since 1982 and for 27 cities and towns in northern Worcester County since 1987. LIHEAP assists low-income households, including owners and renters, in meeting the high cost of home heating, and is funded by the U.S. Department of Health and Human Services.

#### **Springfield Partners for Community Action**

721 State Street, Second Floor, Springfield, MA 01109 (413) 263-6500

Our Emergency Fuel Assistance program offers financial assistance to Hampden County residents struggling with a short-term economic hardship who do not qualify for the New England Farm Workers Fuel Assistance program. The payments are made directly to the fuel vendors or utility companies on behalf of the participants.

Fuel Assistance Information New England Farm Workers' Council (NEFWC) is accepting appointment requests by mail for Fuel Assistance applications. Springfield Partners does not process applications.

#### **Chet's Heating Oil**

(413) 306-3360

At Chet's oil, keeping families out of the cold and in the warmth this season is our number one priority.

Chet's Heating Oil accepts all free fuel assistance programs available in Massachusetts for families with low income that need these services provided daily to keep their homes warm. We are dedicated to providing you with the highest quality services at the lowest possible prices. If you have fuel assistance Springfield MA, Chet's oil offers the best services second to none. Feel free to call us if you have any more questions you may have regarding fuel assistance and we will guide you through this process.



#### **Springfield Department of Veterans Services**

36 Court Street, Room 101, Springfield, MA 01103 413-787-6141

Office Hours: Monday – Friday

9:00AM to 4:00PM

The City of Springfield Department of Veterans' Services' primary duty is to furnish information, advice and assistance to veterans and their dependents as may be necessary to enable them to procure the benefits to which they are or may be entitled relative to employment, vocational, or other educational opportunities, hospitalization, medical care, pensions and other veteran benefits.

#### **Springfield Partners for Community Action**

721 State Street, Second Floor, Springfield, MA 01109 (413) 263-6500

Our Veteran's Services programs aim to get veterans and their families connected and included within the community. We believe veterans have earned our gratitude and respect. Their health care, benefits, and memorial service needs drive our actions. We are also partnered with Soldier On to assist veterans and their families in western Massachusetts with housing and homelessness, prevention services, some financial assistance, employment assistance, and appropriate referrals.

281 Franklin Street, Springfield, MA 01104 (413)731-0194

#### Mon-Fri 8:30am-4:30pm

The Bilingual Veterans Outreach Centers of Massachusetts, Inc. is here to help all veterans, from all wars at no cost or charge to the veteran or his dependants and as Certified Veterans Service Officers [VSO] our trained and experienced staff will provide you with all of the information and assistance you need to file your claim with the VA.

We will aid or attempt to aid Veterans and Dependents of veterans with the filing of claims to obtain all benefits due to them from the veterans military service to our country.

Veterans Benefits are important and essential to any and all veterans and/or dependents of veterans that receive them.

#### CENTER SERVICES:

- Assistance in Applying for SSI
- Notary Public Services
- Permanent Housing for Veterans
- Home Loan Certificates
- Gulf War Info & Registry
- Mass Health Referrals
- MGL Chapter 115 Benefits
- Clothing Assistance
- Veterans Dependent/Widow(er) Services
- Veterans Housing Assistance
- Request for Military Records
- Individual/Family Counseling
- Drug/Alcohol Counseling
- Agent Orange Information
- Discharge Upgrading
- Pension/Compensation Claims
- Legal Assistance Referral
- Employment & Referral
- Education Information/Benefits
- Small Business Loans Referral
- Homeless Veterans Housing/Referrals
- Mass. Veterans Services



#### SPRINGFIELD OUTREACH CENTER

275 Chestnut Street Springfield, MA 01104

FACILITY HOURS

Monday-Thursday 2:30pm – 8:00pm

Friday 2:30pm – 9:00pm

Ages 12-19 years old

The Springfield Outreach Center provides free nutritious snack and full dinner daily for all it's participants.

#### Center for Human Development, Inc.

367 Pine Street, Springfield, MA 01105

New Clients: 1-844-CHD-HELP (844-243-4357)

Office Front Desk: (413) 737-1426

Hours: Monday – Thursday 9 a.m. – 7.p.m. Friday 9 a.m. – 5.p.m. Saturday 9 a.m. – 2 p.m. Same day appointments often available.

#### Center for Human Development, Inc.

622 State St, Springfield, MA 01109

New Clients: 1-844-CHD-HELP (844-243-4357)

Office Front Desk: (413) 654-1602

Hours: Monday – Friday 9 a.m. – 5.p.m.

Languages spoken: English, Spanish, Arabic, Somali, German, Burmese, Vietamese

Counseling expertise: Depression, anxiety, grief, drug and alcohol issues, couples therapy, divorce mediation, family therapy, LGBTQ concerns, refugee issues, trauma treatment including Dialectical Behavior Therapy.

Insurance Accepted: Private insurance including Blue Cross/Blue Shield, Health New England, Cigna, UBH and many more. Medicaid, Medicare, MassHealth and Tricare. Please call with insurance questions. We can help!

Junior League of Greater Springfield (JLGS)

PO Box 2634, Springfield, MA 01101

The Junior League of Greater Springfield is an organization of women committed to promoting volunteerism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. Junior Leagues reach out to women of all races, religions, and national origins who demonstrate an interest in and commitment to volunteerism.